

JAMAICA COTTAGES FACT SHEET

Electricity – Mains electricity that supplies the property is 110V A/C at 50Hz (same as U.S.A.). European visitors should bring adaptor plugs.

Water – Mains water is quite safe to drink and bottled water is widely available (we recommend Wata).

Appliances – The kitchen is fully equipped with fridge, 4-burner gas stove with oven, microwave, blender, toaster, toaster oven, pots, pans, crockery, cutlery, French press coffee pot.

Linens- sheets, towels and beach towels are provided.

Money Exchange – there are banks, cambios and ATM's throughout Jamaica. Do not exchange money at the airport which is a rip-off. US dollars and credit cards are widely accepted.

Internet Access- Complimentary high-speed internet access is available in the cottages. E-mail messages can be sent and received through us at info@harmonyhall.com.

Passport/Visa Requirements – A passport with a validity of more than 6 months is required, check if you need a visa (none needed for USA, UK, Western European and Canadian citizens). You will need to supply immigration with our street address and telephone number (see: [contact us](#)).

Bugs, Creepy-crawlies etc. – Mosquitoes are not a major problem but bring repellent if you are sensitive. Lizards are harmless and eat the bugs! There are no poisonous snakes in Jamaica, and scorpions are extremely rare and not fatal.

Medical Facilities – There are excellent doctors and well stocked pharmacies, but bring any needed medicines with you. There are public and private ambulance services and hospitals, and dentists.

Things to bring – the supermarkets are well-stocked if expensive. Dress is very casual, think no further than long trousers or jeans. There is an Ipod docking station for your music.

Other facilities - There are fans in all rooms and air-conditioning in the bedroom of the Garden Cottage. There is always a cooling breeze. There is cable TV in both cottages.